

Helping Hands **Summer Outing**

DAY 1 – HHF Family & Friends Picnic/Cookout

Saturday, July 15, 2017

11:00AM – 4:00PM

Location: *The Bridge Center, 470 Pine Street, Bridgewater, MA*

- 11:00AM-3:00PM Crafts & Games & Raffle (\$1/ticket; \$5/7 tickets) – in covered area
- 12:00-1:00PM Lunch – Grilled hotdogs & burgers, PB&J, chips, watermelon & water
- 12:00-3:00PM Pool & Splash-Pad & Bouncy House - Open For All To Enjoy!

LISTEN THROUGHOUT THE DAY FOR ACTIVITY ANNOUNCEMENTS – such as...

- 12:30PM
(& every 30 mins) **Meet @ ORIENTEERING Table** for instructions on **EXPLORING** trails on the property (using maps & a compass) –Great family activity or grab a friend!!
- 1:00-2:00PM **STORYTIME** with children’s books from our HHF library.
- 1:00-2:30PM
(time may vary) **GOLF FOR ALL** (HHF members/kids get 1st priority) – Bob Beach & Fred Corcoran are Golf Pros and First Swing Golf instructors – equipment provided
- 2:30PM Grill Reopens (if we have extra food to cook) – More Crafts & Games!
- 3:00PM Raffle Winners Selected - **(Thank you for bringing a raffle item to add)**
- 3:15PM A visit from the Ice Cream truck for everyone to enjoy ☺ - One per person PLEASE
- 3:45PM Kids pick a toy before heading home!!

WE HOPE YOU HAVE A WONDERFUL DAY!

CO-CHAIRS

AMY MINKIN & PATTI GAROFALO



Helping Hands **Summer Outing**

DAY 2 – Family Day - Fun in Rhode Island

Sunday - July 16, 2017

11:00AM-2:00PM **PONY RIDES & PIZZA** – Reynolds’ Farm @ *3921 Kingstown Rd, West Kingston* – Thank you to Carl & Clarissa (HHF parents) for generously hosting!!

12:30PM Pizza lunch at Reynold’s Farm.

*Alternatively, take advantage of the family-friendly state of Rhode Island with tons of local attractions and activities for all ages. Most attractions open at 10AM on Sunday. Check out our *****HHF list of suggestions***** at the bottom of this page **or visit** <http://kidoinfo.com/100-things-to-do-with-your-kids-in-rhode-island/>. Questions to Tanya at Tam525@msn.com.*

5:00-8:00PM **MUSIC ON THE BEACH** – w/**Midnight Irish Band!** THE DOYLE FAMILY (owners & HHF members) invite ALL HHF families and friends to enjoy a relaxing evening listening to music on their beautiful beach-front property at ***Paddy’s Beach Club, 159 Atlantic Ave, Westerly, RI***. They have reserved a lovely private area (gated) on the beach and will donate part of the proceeds from the event to HHF! Invite friends too ☺



**THANKS AGAIN TO THE REYNOLDS AND DOYLE FAMILIES
FOR MAKING THIS DAY SO SPECIAL! ☺**

*****Fun Things to do*****
in
Rhode Island and Nearby Connecticut
on
Sunday, July 16, 2017

(prior to 5PM meet-up with more HHF families/friends
At Paddy's Beach Club in Westerly, RI)

The Murphy Family (Tanya, Frank & Sarah) will also be available on Saturday (at HHF Picnic)
to help coordinate families to meet up at various locations.

Roger Williams State Park & Zoo, Providence, RI – Offering a beautiful Zoo, Paddle Boats, Carousel, Walking Paths and more.

Pawsox Game, Pawtucket, RI - Unfortunately, the Pawsox are playing out of town this weekend...

Yawgoo Valley Water Park, Exeter, RI www.yawgoo.com/waterpark (1 hour - \$14; 2 hours - \$19). Spectators do not have to pay. Picnic benches and food available onsite.

Watson Farm, Jamestown, RI www.historicnewengland.org (search Watson Farm) - Open 1-5PM (\$6 for adults and \$3 students) – self guided tours, animal farm and rocky beach along the shore (excellent location to look for sea glass – it will be low tide). A lot of walking so wear comfortable shoes and bring water. Restrooms available.

Beavertail State Park, Jamestown, RI – Visit the lighthouse, enjoy many Geocaches areas and excellent views for picnic lunch and wondering.

Newport, RI: Will be busy but many things to do: Cliff Walk, Mansions, Beaches, Shopping, Food

Narragansett, RI: Public Beach, Lookout Towers, Coast Guard House Restaurant (on water), many Geocaches in the area, Playgrounds near by

Watch Hill, Westerley, RI: Fun location with lots of restaurants and sights, but parking could be difficult on the weekend, so arrive early.

Public Beaches : Many(!) throughout Southern Rhode Island - \$20 per out of state car. All have pay showers and changing rooms, concession stands.

Hiking Adventures: If interested contact Frank and Tanya Murphy for specific information as well as any questions regarding any of the above activities. Tam525@msn.com

Mystic, CT: Mystic Aquarium, along with lots of interesting sites, ships, restaurants, museums in town. (20 mins from Paddy's Beach Club).

Thank you to the Murphy Family! Questions to Tanya @ Tam525@msn.com 😊

RSVP TODAY!!
Helping Hands Foundation, Inc.
Two Days for Summer Fun!
Saturday, July 15 & Sunday, July 16, 2017

- We cannot attend either day but would like to make a **tax-deductible donation** to support this HHF event!**
- Check here if you **have updated family info** below (Circle updated info)
- Check here if you **do not** want to receive future mailings from HHF.

Name of HHF child/member (first) _____ (last) _____ Age _____
 Check here if this is your first outing with HHF.

Others attending any/all events. Please provide Full Name & Relationship to HHF member (and **ages of children**).
(Example: John Smith, brother, age 6):

Full Street Address: _____
City, State, Zip: _____
Cell Phone: _____ **Email(s)*(print clearly)** _____
Secondary Email: _____

Saturday, July 15, 2017 – HHF Summer Picnic (Bridgewater, MA)

Adults _____ #Children _____ attending Summer Outing on Saturday, July 15, from 11:00AM-4:00PM.
Extended family/friends are welcome to join in the festivities – At no charge/**donations accepted!**

Check here if you will volunteer some time at this event. Optional: please **circle** one or more. Set up at 10AM; T-shirt Table; Raffle Table; Cook at Grill; Help at Craft Tables; Organize an activity/game; Help Clean up at 3:00PM.

Name(s): _____

Check here if you will bring an item for the raffle table to July 15th outing.

We will bring a side to share. **AND DON'T FORGET BLANKET/CHAIRS & SUNSCREEN**

We will make hotel reservations at Comfort Suites, Warwick RI – 401-826-1800 (HHF Rate \$159)

Sunday, July 16, 2017 – Family Day & Paddy's Beach Club (Rhode Island)

11:00AM-2:00PM – We will participate in Pony Rides & Pizza @ Reynold's Farm (# of people _____)

Instead of Ponies/Pizza, we plan to spend the day in Rhode Island or Nearby.

5:00-8:00PM - We will be at Paddy's Beach Club for music & fun (# of people _____).

We will make a **tax-deductible donation** to support HHF (\$_____). Thank you!!

Check here if you **DO NOT** allow photos of you/your family.

Before joining us, please fill out the permission slip.

Permission form must be completed prior to participating in any portion of these events.

Helping Hands Foundation, Inc.

PERMISSION TO PARTICIPATE IN 2017 SUMMER ACTIVITIES

I/We _____ on behalf of ourselves and my/our child(ren) hereby grant permission for my/our child(ren) _____ and _____ and _____ to participate in the Helping Hands Summer Outing at The Bridge Center on *Saturday, July 15, 2017* and/or during any/all activities on *Sunday, July 16, 2017*.

I/We understand that the possibility exists of my/our child(ren) and/or ourselves sustaining a serious injury or worse while participating in the normal course of these activities. Accordingly, I/We jointly and severally and on behalf of my/minor child(ren) hereby **release Helping Hands Foundation, Inc. and its Officers, Directors, and Chairperson (s) from any and all liability** resulting from injury or worse of my/our child(ren) and/or ourselves which may occur as a direct or indirect consequence of my/our child(ren) and/or ourselves participating in the outing sponsored, run by or otherwise connected with Helping Hands Foundation, Inc.

Parent/Guardian

Date

PLEASE RSVP NOW or BEFORE JULY 1!! TO MAKE PLANNING MUCH EASIER @!!

Scan to: sumerouting@helpinghandsgroup.org

Mail to: Helping Hands Foundation, P.O. Box 332, Medfield, MA 02052

**FOR A SUCCESSFUL TRIP, PLEASE BE PREPARED WITH DIRECTIONS
TO/FROM ALL LOCATIONS.**

**DIRECTIONS TO
THE BRIDGE CENTER
470 Pine Street
Bridgewater MA**

DIRECTIONS TO BRIDGE CENTER:

From Boston:

Take 93 South for approximately 14 miles to Route 24 South (exit 4, left exit).
Remain on Rte. 24 South for 16.8 miles.
Take exit 15, Bridgewater/Raynham Route 104.
At the end of the ramp, turn left onto Route 104 East.
At the 3rd set of lights (.4 miles) turn right onto Old Pleasant/Elm Street.
Proceed for 1.5 miles. We are on the left.

From Metro West:

Take 128 South to 93 North to Route 24 South (exit 4).
Remain on Rte. 24 South for 16.8 miles.
Take exit 15, Bridgewater/Raynham Route 104.
At the end of the ramp, turn left onto Route 104 East.
At the 3rd set of lights (.4 miles) turn right onto Old Pleasant/Elm Street.
Proceed for 1.5 miles. We are on the left.

From Mass Pike:

Take 495 South to Route 24 North.
Take exit 15, Bridgewater/Raynham Route 104.
At the end of the ramp turn right on Route 104 East.
At the 3rd set of lights (.4 miles) turn right onto Old Pleasant/Elm Street.
Proceed for 1.5 miles. We are on the left.

****HOTEL INFORMATION (SATURDAY, JULY 16)****

10 Rooms Held with GROUP RATE OF \$159

Comfort Suites (30 Mins from Bridgewater and Paddy's)
10 Keyes Ways, W. Warwick RI.
Breakfast included. Indoor Pool
Call - 401-826-1800 mention Helping Hands for group rate

QUESTIONS TO:

SummerOuting@HelpingHandsGroup.org