



helping hands  
FOUNDATION

CONNECTING FAMILIES OF CHILDREN WITH UPPER LIMB LOSS

**\*\*SEE NEW AGENDA ACTIVITIES IN ITINERARY!!\*\***

**Please join us for our 2020 Winter Outing  
January 24-26**

**We are happy to announce this year's fabulous guest speakers**



**Nick Newell - MMA fighter, XFC Lightweight Champion & Dad to Wyatt (2018)**

Nick is back by popular demand! He has an outstanding story including his impressive MMA career, opening his own gym, working on a movie and more. Please welcome Nick as speaker for our 2020 Speaker Series. We look forward to hearing all about his challenges, successes and return to the ring!



**Meghan Rose – Actress/Singer, new mom and health nut**

Meghan is most proud of her new “stage” in life as “MOM” to baby Grayson. She will talk about one-handed motherhood and how she overcame a few challenges. Meghan most recently performed in the musical “Funny Girl” in the starring role of Fanny Brice. Her career on stage has encouraged her to feel powerful and brave in her body. We are excited to welcome Meghan back (by popular demand!) to hear more about her adventurous year 😊



**Arianna Perrin, Miss High School Massachusetts & HHF Mentor**

Adrianna has been an HHF member since birth and will compete on a National Level in June 2020 for The Miss High School America Scholarship Pageant as Miss Massachusetts!! The organization was started in 2009, for the purpose of providing personal and professional opportunities for young women. This esteemed honor gives outstanding junior high, high school and collegiate girls the platform to become prominent role models, as well as the opportunity to compete in a prestigious national level scholarship pageant.

• **Other special guests/mentors include:**

- Tony Memmel (singer, songwriter and guitarist) – see Friday for concert details
- Ryan Haack (author, motivational speaker and blogger)
- Jordan Reeves, Born Just Right (NEW author & actress and designer/inventor)
- Brian Hughes (long-time HHF member & Amputee Hockey player)
- Tonya Osborne-Simpson (ACA youth camp-FREE)

## **Make your hotel reservation today!**

**Where:** Doubletree Milford, 11 Beaver Street, Milford MA 01757 - **(508) 478-7010**  
**\$90.00** plus tax per night. After January 5<sup>th</sup> the special rate **cannot** be guaranteed.

**Reservations:** Call the hotel **NOW or by January 5<sup>th</sup>** for guaranteed rate of **\$90.00**. Mention you are with Helping Hands. Cribs/Rollaways can be requested for an additional \$10 - first come first serve so ask early if you need one. *Please note: This property offers very **minimal** adjoining rooms.*

**Check In:** 3:00pm

**Check Out:** 12:00pm - HHF Family must request late check out if available. The hotel will store your luggage if late check-out is not available.

**NOTE:** If you experience issues logging in ([www.HelpingHandsGroup.org/user](http://www.HelpingHandsGroup.org/user)) or registering ([www.HelpingHandsGroup.org/user/register](http://www.HelpingHandsGroup.org/user/register)) for the event, please contact us at [WinterOuting@helpinghandsgroup.org](mailto:WinterOuting@helpinghandsgroup.org). We are aware technical issues can occur and want to make sure we are capturing all the info needed to make our event awesome!

**\*\*SEE NEW AGENDA ITEMS BELOW\*\***



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**Winter Outing  
Friday-Sunday, January 24-26, 2020**

*Schedule of Events - **Subject to Change**...please check final agenda on day of event*

<b>Friday, January 24 (times may vary)</b>		<b>Location</b>
3:00pm	Event check-in. Pick up folder at HHF registration table.	Ballroom Foyer
5:30-8:00PM	Get a quick bite to eat - <b>Discounted buffet</b> for HHF at Hotel Restaurant \$12/Adult and \$9/Kids	Il Cigno
4:00-7:00pm	Welcome Fair...Meet our Speakers & VIPs, visit vendor tables, reconnect with old friends, introduce yourself to someone new, and more...	Ballroom
5:30-6:30pm	HHF Kids Music/Talent questions w/Valerie (come check it out)	Ballroom
<b>**7:00PM</b>	<b>CONCERT with Tony Memmel (singer, songwriter and guitarist)</b>	<b>Ballroom</b>
<b>**8:00PM</b>	<b>Jordan Reeves stars in Marvel Superhero Episode on Disney+</b>	<b>Ballroom</b>
9:30pm	Pool closes... <b>NO LIFEGUARD ON DUTY ALL WEEKEND</b> Parents <b>MUST</b> be with their children at all times	Pool
<b>Saturday, January 24</b>		<b>Location</b>
8:00am	Late HHF event check-in in Ballroom	
8:00am	Continental Breakfast - Drop off your raffle items...Thank you!!	Ballroom
<b>8:45am</b>	<b><u>SPEAKERS:</u></b> <ul style="list-style-type: none"> <li>• <b>Nick Newell</b> – XFC Lightweight Champ, MMA fighter (over 300 wins)</li> <li>• <b>Meghan Rose</b> – Singer, Actress, new mom to Grayson</li> <li>• <b>Adrianna Perrin</b> – Miss High School Massachusetts – competing June 2020</li> </ul>	<b>Ballroom</b>
<b>10:30-11:30AM</b>	<b>Grade 8+ - HHF Youth Mtg – re: HS/college, mentoring, inclusion, etc.</b>	<b>Middlesex Rm</b>
10:30am-12pm	<b>Baby &amp; Toddler</b> Play Room BYOT (Bring your own Toy) - Please NO food	Worcester Rm
10:30am-12pm	Fun and Games Room ( <b>ages 4 and up</b> ) <b>Bring your favorite game to share</b> – other activities provided	Norfolk Room

**Saturday, January 24 (continued...)**

12:00-1:15pm	HHF Kids Lunch - <b>HHF member ages 6+ ONLY</b> Staffed by our wonderful mentors (signed permission form required) <b>Mitts by Nancy (hand-made mitten for HHF kids)</b>	Ballroom Regency 3&4
1:30-2:30pm	Grade 5-8 (age 10+) - HHF Youth Meeting w/Mentors	Worcester & Middlesex
1:15-2:30PM	Fun and Games Room ( <b>ages 4 and up</b> ) Bring your favorite game to share – other activities provided	Norfolk Room
1:30-2:15PM	HHF Kids Music/Talent Practice w/Valerie Peters	Ballroom
2:30-3:30pm	Craft activities for everyone (Thx to Sue & Katie Moloney...AGAIN!)	Ballroom
3:30-4:30pm	<b>HHF Kids'</b> Talent Show for everyone (Emcee - Valerie Peters) HHF kids: please bring your instruments and share your special talents!	Ballroom
5:00PM	Speaker: Brian Hughes, Amputee Hockey Player	
5:30-7:00pm	Dinner buffet (Pasta/Pizza/Salad/Dessert) – Speakers TBD	Ballroom
6:30pm	Raffle winners announced – thank you for supporting HHF!	Ballroom
7:30-10:00pm	Parent Meeting – for <b>parents</b> of HHF children only <i>BABY SITTER NOTE: We cannot guarantee sitters for everyone. <b>Please plan ahead.</b></i>	Ballroom

**Sunday, January 25**

		<b><u>Location</u></b>
8:30am	Breakfast	Ballroom
9:00am	TBD: Speakers	Ballroom
12:00pm	Check-out time - Luggage storage provided by hotel or Request Late check-out if available.	
<b>1:00-3:00pm</b>	<b>CONFIRMED: ACTIVITY FOR <u>ALL</u> (kids &amp; parents) – 20 mins from Hotel</b> <b>Ice Skating at New England Sports Center in Marlborough, MA</b> <b>Brian Hughes &amp; Dr. David Crandell, American Amputee Hockey Assoc.</b>	

**Notes & Possible Additional Activities:**

- **Special Mitts by Nancy (HHF Mom):** Custom-made mittens for HH kids. Created at kids lunch (12-1:30)
- **Bring games to share** - We have two fun & game room times (10:30AM-12PM & 1:00-2:30PM) – for ages 4+. Need volunteers to help keep order. 😊
- To All Helping Hands “children”: please share a special talent or skill at our talent show. ***It means a lot to our new families!*** If you plan to participate, please bring any instruments/supplies you might need.
- Parent Meeting is on Saturday at 7:30PM. Please consider babysitting needs in advance. We will ask for teen volunteers; however, we cannot guarantee there will be enough sitters for everyone.

- Please bring donated raffle items to breakfast Saturday morning. Raffle is draw at dinner on Saturday.
- **Pool Rules:** If you are a guest of the hotel, you have privileges to the pool facilities. There are **no lifeguards** at the pool. Parents are responsible for their own children at all times while using the pool.
- Finally, we LOVE HHF families to **bring extended family/friends** to see what we are all about! As a reminder, HHF provides three meals (breakfast on Saturday and Sunday and dinner on Saturday night) **free of charge** for Helping Hands children and their immediate family (parents and siblings). However, due to the high cost of meals and activities for the weekend, we require a **nominal fee of \$15\* (age 4-10) and \$20\* (age 11+) per person, per meal for any additional friends/family** attending our events. (\*HHF costs are higher\*). **Thanks for understanding the need for this fee due to our budget constraints.**

**WE NEED VOLUNTEERS**  
TO HELP WITH THE **SUMMER & WINTER** EVENTS.  
PLEASE EMAIL [info@HELPINGHANDSGROUP.ORG](mailto:info@HELPINGHANDSGROUP.ORG)

THANK YOU FOR ATTENDING THE 2020 WINTER OUTING!  
SAFE TRAVELS HOME ☺

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